

How To Become an SFC National Team Member*

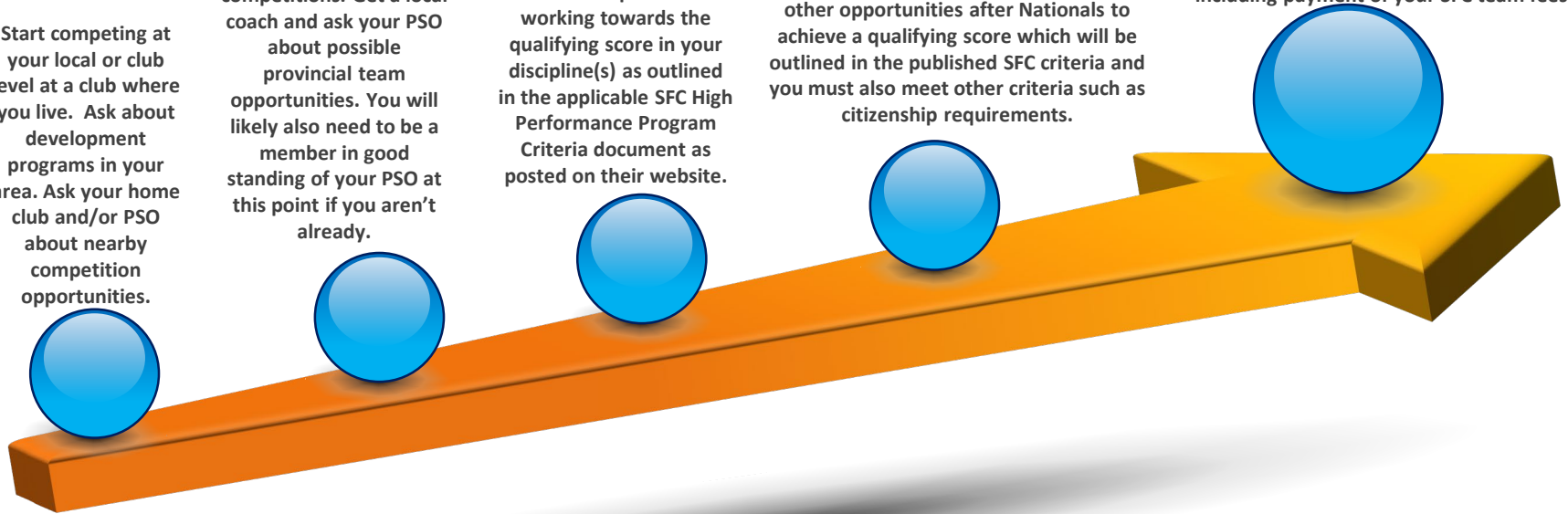
Start competing at your local or club level at a club where you live. Ask about development programs in your area. Ask your home club and/or PSO about nearby competition opportunities.

Continue training and competing at both local and provincial level competitions. Get a local coach and ask your PSO about possible provincial team opportunities. You will likely also need to be a member in good standing of your PSO at this point if you aren't already.

With your coach's input, extend your competition level to Canadian National Championships which is a competition open to any athlete. This improves your level of experience. Continue with your training and all levels of competition and working towards the qualifying score in your discipline(s) as outlined in the applicable SFC High Performance Program Criteria document as posted on their website.

Once you and your coach are confident that you can achieve a qualifying score in your discipline(s) as set out in the applicable SFC athlete selection criteria, it will be mandatory to compete at the Canadian National Championships. When you register, you must declare that you wish to be considered for SFC team selection and pay the extra \$25 fee prior to competition. Please read the documentation carefully as their may be other opportunities after Nationals to achieve a qualifying score which will be outlined in the published SFC criteria and you must also meet other criteria such as citizenship requirements.

Congratulations on achieving a qualifying score under the applicable High Performance Program Criteria! You will receive information directly from the SFC as to your status as a team member and naming to one of the designated National Teams (National, Development, Identified, Junior & AWAD Teams). They will set out what that entails and what documentation you will be required to provide before the set deadline including payment of your SFC team fees.



* This document is for informational purposes . The official documentation only published on the SFC website supersedes this overview. The link to the SFC website is: <https://www.sfc-ftc.ca/> and high performance information can be found under the heading "Information" and subsequent heading "High Performance Program".